

The typicality approach to thermodynamical relaxation in quantum systems.

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Why typicality?

The traditional view on relaxation / 2nd law of thermodynamics:

$$\text{QM:} \quad \hat{\rho} = |\psi\rangle\langle\psi| \quad \Rightarrow \quad \hat{\rho} = \frac{1}{Z} e^{-\frac{\hat{H}}{kT}}, \quad \hat{\rho} = \frac{1}{Z} \hat{\delta}(\hat{H} - E)$$

$$\text{CM:} \quad \rho(x, p) = \delta(x-x_0)\delta(p-p_0) \quad \Rightarrow \quad \rho = \frac{1}{Z} e^{-\frac{H(x, p)}{kT}}, \quad \rho = \frac{1}{Z} \delta(H(x, p) - E)$$

problems:

CM: invariance of Von Neuman entropy, ergodicity, mixing, etc.

QM: (framework of open quantum systems) large (stationary, broad band) environment, adequate weak coupling, pertinent factorizing initial state, etc.

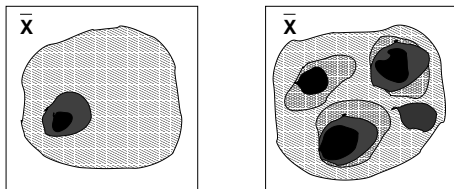
Typicality:

$$\rho = |\psi\rangle\langle\psi| \quad \text{does not evolve into} \quad \hat{\rho} = \frac{1}{Z} e^{-\frac{\hat{H}}{kT}}, \quad \hat{\rho} = \frac{1}{Z} \hat{\delta}(\hat{H} - E)$$

$$\text{but} \quad \langle\psi|\hat{A}(t)|\psi\rangle \Rightarrow \approx \frac{1}{Z} \text{Tr}\{e^{-\frac{\hat{H}}{kT}} \hat{A}\}$$

for very many (all?) \hat{A}

The typicality scenario



\bar{x} : microstates in state space, AR: accessicle region due to constants of motion,
 $f(\bar{x})$: considered quantity

- Average: $E_{AR}(f) = \int_{AR} f(\bar{x}) dV_{\bar{x}}$
- Variance: $V_{AR}(f) = E_{AR}[f^2] - E_{AR}[f]^2$

Typicality: $V_{AR}^{\frac{1}{2}}[f] \leq f_{\max} - f_{\min}$

\Rightarrow relative frequency of stats featuring $f(\bar{x}) \approx E_{AR}(f)$ is high

connection to dynamics possible if $\dot{\bar{x}} = \overline{G}(\bar{x}) \quad \text{div}_{\bar{x}} \overline{G} = 0$

invariance of state space volume, no ergodicity, mixing, etc.

Typicality in QM

basics and non-composite systems state:

$$|\psi\rangle = \sum_n \psi_n |n\rangle = \sum_n (\eta_n + i \xi_n |n\rangle)$$

$$\bar{x} = \{\eta_n, \xi_n\} \quad : \quad \eta_n, \xi_n \quad : \quad \text{real cartesian coordinates}$$

dynamics: Schrödinger equation, $\dot{\bar{x}} = \bar{H}(\bar{x}) \quad \text{div}_{\bar{x}} \bar{H} = 0$

accessible region: $\hat{\Pi}_\alpha$: projective constants of motion (invariant subspaces), e.g., spanned by energy eigenstates, spanned by states featuring equal particle number, etc.

$$\hat{\Pi}_\alpha^2 = \hat{\Pi}_\alpha \quad , \quad [\hat{H}, \hat{\Pi}_\alpha] = 0 \quad , \quad N_\alpha = \text{Tr}\{\hat{\Pi}_\alpha\} \quad , \quad \text{Tr}\{\hat{\Pi}_\alpha, \hat{\Pi}_\beta\} = N_\alpha \delta_{\beta\alpha}$$

AR: $\{\langle \psi | \hat{\Pi}_\alpha | \psi \rangle = W_\alpha\}$ occupation probabilities of subspaces conserved

considered quantity: $f(\bar{x}) = \langle \psi | \hat{A} | \psi \rangle$

Hilbertspace average of observables:

$$E_{AR}[f] \equiv \llbracket \langle \psi | \hat{A} | \psi \rangle \rrbracket_{AR} = \text{Tr}\{\hat{A}\hat{\Omega}\} \quad , \quad \hat{\Omega} = \sum_{\alpha} \frac{W_{\alpha}}{N_{\alpha}} \hat{\Pi}_{\alpha}$$

Boltzmann state featuring “equal a priori probabilities

Hilbertspace variance of observables: $(\hat{A}_{\alpha\beta} \equiv \hat{\Pi}_{\alpha} \hat{A} \hat{\Pi}_{\beta})$

$$V_{AR}[f] \equiv \Delta_H^2(\langle \hat{A} \rangle) = \sum_{\alpha\beta} \frac{W_{\alpha} W_{\beta}}{N_{\alpha}(N_{\beta} + \delta_{\alpha\beta})} \left(\text{Tr}\{\hat{A}_{\alpha\beta} \hat{A}_{\alpha\beta}^{\dagger}\} - \delta_{\alpha\beta} \frac{\text{Tr}\{\hat{A}_{\alpha\alpha}\}^2}{N_{\alpha}} \right)$$

consider, e.g.: $(\Delta_S^2(\hat{A})$: spectral variance)

$$\langle \psi | \hat{\Pi}_{\alpha} | \psi \rangle = 1 \quad \Rightarrow \quad \Delta_H^2(\langle \hat{A} \rangle) = \frac{1}{N_{\alpha} + 1} \Delta_S^2(\hat{A})$$

typicality: requires high dimensional space, bounded spectra

typicality of states: (squared) distance of most states within the AR to some “typical state” is small. $\hat{\Omega}$: candidate for a typical state

$$\text{mean squared distance: } \Delta_H^2(\hat{\rho}) = \llbracket \text{Tr}\{(\hat{\rho} - \hat{\Omega})^2\} \rrbracket_{AR}$$

for non-composite systems

$$\Delta_H^2(\hat{\rho}) = 1 - \text{Tr}\{\hat{\Omega}^2\} \approx 1 \Rightarrow$$

for Boltzmann-type $\hat{\Omega}$'s not small at all.

Conclusion on non-composite systems:

Many observables may relax, but the state does not. There is no increase of Von Neumann entropy.

composite systems:

$$H = H_S + H_E + V$$

projective subspaces:

$$\text{sys.: } \hat{\Pi}_A : E_A - \frac{1}{2}\delta_A \leq E \leq E_A + \frac{1}{2}\delta_A, \quad \text{env.: } \hat{\Pi}_B : E_B - \frac{1}{2}\delta_B \leq E \leq E_B + \frac{1}{2}\delta_B$$

$$\text{definition of global projective subspaces: } \hat{\Pi}_\alpha = \hat{\Pi}_A \hat{\Pi}_B$$

Microcanonical Scenario: $[H_S, H] = 0$

accessible region $AR : \{ \langle \psi | \hat{\Pi}_A | \psi \rangle = W_A, \langle \psi | \hat{\Pi}_B | \psi \rangle = W_B \}$

energies in system/environment separately conserved, no energy in coupling.

Candidate for the typical local system state:

$$\Omega \equiv \sum_A \frac{W_A}{N_A} \hat{\Pi}_A \quad \text{local Boltzmann state}$$

\Rightarrow

$$\text{mean squared distance: } \hat{\Delta}_H^2(\hat{\rho}) = \sum_B \frac{W_B^2}{N_B} \left(1 - \sum_A \frac{W_A^2}{N_A^2} \right)$$

scaling of upper bound with subsystem sizes:

$$N_A \rightarrow x N_A \quad N_B \rightarrow x N_B \quad \Rightarrow \quad \Delta_H^{2+}(\hat{\rho}) \rightarrow \frac{1}{y} \Delta_H^{2+}(\hat{\rho})$$

For large environments there is full typicality of state, increase of entropy, etc.

energy exchange scenario

$$\text{total energy subspaces: } \hat{\Pi}_E = \sum_{E_A + E_B \approx E} \hat{\Pi}_A \hat{\Pi}_B$$

$$\text{accessible region } AR : \{ \langle \psi | \hat{\Pi}_E | \psi \rangle = W_E \}$$

only total energy is conserved, no energy in the coupling

Candidate for the typical local system state:

$$\Omega \equiv \text{Tr}_{Env} \left\{ \sum_E \frac{W_E}{N_E} \hat{\Pi}_E \right\}$$

scaling of upper bound with subsystem sizes:

$$N_A \rightarrow x N_A \quad N_B \rightarrow x N_B \quad \Rightarrow \quad \Delta_H^{2+}(\hat{\rho}) \rightarrow \frac{1}{y} \Delta_H^{2+}(\hat{\rho})$$

For large environments there is full typicality of state, increase of entropy, etc.

Canonical Scenario:

What about the standard canonical Gibbs state?

A state density in the environment yielding $N_B \propto e^{cE}$ can be expected for environments made of weakly interacting subsystems.

In this case one finds for the typical energy exchange state:

$$\Rightarrow \quad \Omega = \frac{1}{Z} e^{-cE_A} \hat{\Pi}_A \approx \frac{1}{Z} e^{-\frac{\hat{H}}{kT}}, \quad c \approx \frac{1}{kT}$$

Comment on relaxation in composite systems:

All relaxation in composite systems, regardless of the strength of the interaction, is due to increasing correlations/entanglement.

Dynamical or off-equilibrium typicality

consider more general AR:

$$\text{AR : } \{ \langle \psi | \hat{A} | \psi \rangle = A, \quad \langle \psi | \psi \rangle = 1 \}$$

\hat{A} : any hermitian Observable.

How differently will the various $\langle \psi | \hat{A} | \psi \rangle$ from the AR evolve?

$$\Delta_H^2 (\langle \psi | \hat{A}(t) | \psi \rangle) = \llbracket \langle \psi | \hat{A}(t) | \psi \rangle^2 \rrbracket_{AR} - \llbracket \langle \psi | \hat{A}(t) | \psi \rangle \rrbracket_{AR}^2$$

Hard to answer. But consider:

$$|\phi\rangle = \left(\hat{1} + \frac{d}{(1+d^2)} \hat{A} \right) |\theta\rangle, \quad \text{Tr}\{\hat{A}\} = 0, \quad \text{Tr}\{\hat{A}^j\} = c_j$$

with $c_2 = 1$ and $\frac{c_j}{N}$ approximately independent of N

accessible region for the $|\theta\rangle$'s:

$$AR : \{ \langle \theta | \theta \rangle = 1 \} \Rightarrow$$

$$\mathbb{I}[\langle \phi | \phi \rangle]_{AR} = 1,$$

$$\Delta_H^2(\langle \phi | \phi \rangle) \propto \frac{1}{N}$$

$$\mathbb{I}[\langle \phi | \hat{A} | \phi \rangle]_{AR} = 2d,$$

$$\frac{\Delta_H^2(\langle \phi | \hat{A} | \phi \rangle)}{d^2} \propto \frac{1}{N}$$

N large: almost all $|\phi\rangle$ are from the AR with $A = 2d$!

result for the dynamics of the $|\phi\rangle$'s:

$$\frac{\sqrt{\Delta_H^2(\langle \phi | \hat{A}(t) | \phi \rangle)}}{2d} \leq \frac{1}{\sqrt{N}}$$

$$\mathbb{I}[\langle \phi | \hat{A}(t) | \phi \rangle]_{AR} = \text{Tr}\{\hat{A}\hat{\rho}(t)\}, \quad \hat{\rho}(0) = \hat{1} + 2d\hat{A}$$

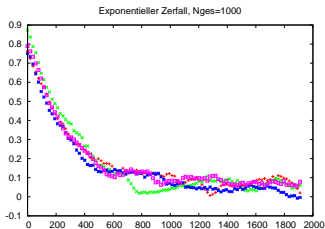
For large N almost all $\langle \psi | \hat{A}(t) | \psi \rangle$ evolve very similar!

The average evolution of all $\langle \psi | \hat{A}(t) | \psi \rangle$ may possibly be computed with projection methods \Rightarrow The inhomogeneity in the NZ-equation may almost always be neglected.

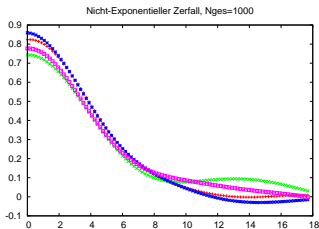
“generic evolutions”:

$N = 1000$

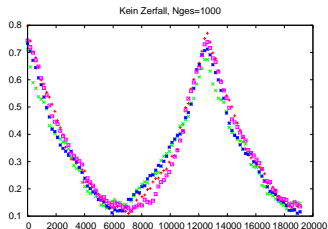
“standard” weak coupling



strong coupling



“pathological” weak coupling



The “take home message”:

According to the typicality approach relaxation is not a necessity, but something that is extrem likely to happen in complex systems.

more information, publications: ask me or visit our webpage.

Many thanks to M. Michel, C. Bartsch, and the audience!